

# FACEBOOK

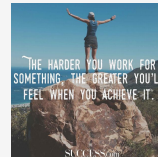
## Date & Time

## Text & Content

## Status

MON  
08.03.20  
12:00 PM

#MondayMotivation  
#Hardwork  
#Success #Freelancingjourney  
#virtualassistant



Scheduled

TUE  
08.04.20  
12:00 PM

#TuesdayTrivia  
7 Interesting Facts about  
Freelancers  
Link/Source:  
<https://www.flexjobs.com/blog/post/interesting-facts-about-freelancers/>



Scheduled

WED  
08.05.20  
12:00 PM

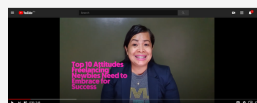
#WellnessWednesday  
Keeping active while staying put



Scheduled

THU  
08.06.20  
12:00 PM

#ThursdayTips  
10 Attitudes Freelancing  
Newbies can Embrace for  
Success| FVA Business  
Consultancy



Scheduled

FRI  
08.07.20  
12:00 PM

#FridayNight  
What are you doing tonight to  
celebrate your weekend?  
Share your answers in the  
comment section. :)



Scheduled

SAT  
08.08.20  
12:00 PM

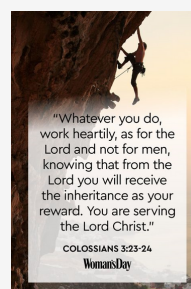
#GetPersonal #FamilyTime  
#Inspiration #Mydeepestwhy  
No amount of money or  
success can take the place  
of time spent with your  
family.



Scheduled

SUN  
08.09.20  
12:00 PM

#SundayVerse  
Sharing with you this verse  
hoping to motivate you through  
the toughest times.  
No matter what you do, you are  
using the gifts that the Lord gave  
you. If you put your talents to  
use, you are proving to God that  
you love Him and worship Him.



Scheduled

# INSTAGRAM

## Date & Time

## Text & Content

## Status

MON  
08.03.20  
3:00 PM

#MondayMotivation  
#InspiringQuotes  
#Freelancingjourney #Goforit



Scheduled

TUE  
08.04.20  
3:00 PM

#TravelTuesday  
Here's my Top 10 Travel  
Bucket List in the Philippines.  
What's yours?



Scheduled

WED  
08.05.20  
3:00 PM

#WisdomWednesday  
Curious what do Virtual  
Assistants do? This poem will  
give you a short glimpse of it.



Scheduled

THU  
08.06.20  
3:00 PM

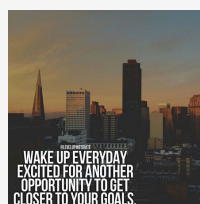
#ThankfulThursday  
Thanking Coach Julmar Grace  
Locsion of FVA for all the  
guidance and support  
throughout my freelancing  
course. You're such an  
inspiration to many.  
#forevergrateful #bestCoach  
#bestMentor #FVA



Scheduled

FRI  
08.07.20  
3:00 PM

Everyday is a chance to  
begin again. Start today with  
positive thoughts and  
expectations.  
#FeelGoodFriday  
#InspirationalQuotes  
#Movitaton



Scheduled

SAT  
08.08.20  
3:00 PM

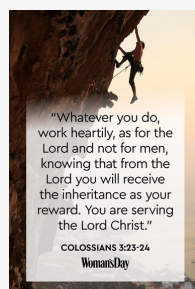
#GetPersonal #FamilyTime  
#Inspiration #Mydeepestwhy  
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of time spent with your  
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Scheduled

SUN  
08.09.20  
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#SundayVerse  
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Scheduled

## TWITTER

## Date &amp; Time

## Text &amp; Content

## Status

MON  
08.03.20  
9:00 AM

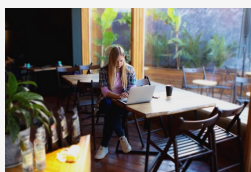
Monday Morning Smell GIF  
#Mondaymood  
#Startyourweekright  
#freelancer #virtualassistant



Scheduled

TUE  
08.04.20  
9:00 AM

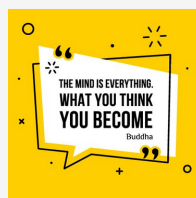
Here are three reasons why it may be time to step outside of your comfort zone and give freelancing a try.  
<http://www.forbes.com/sites/shleystahl/2018/04/19/3-reasons-to-try-freelancing/?subid3=xid:fr1595960136525hjb>



Scheduled

WED  
08.05.20  
9:00 AM

Start your journey of being a better version of yourself.  
#freelancingjourney  
#virtualassistant  
#positivethoughts  
#thinkwhatyouwanttobecome



Scheduled

THU  
08.06.20  
9:00 AM

28 Proven Ways A Virtual Assistant Can Help Grow Your Business. by @virtual\_helpers  
#outsourcing  
<https://www.slideshare.net/virtualhelpers2014/28-proven-ways-a-virtual-assistant-can-help-grow-your-business-35548329> via @SlideShare



Scheduled

FRI  
08.07.20  
9:00 AM

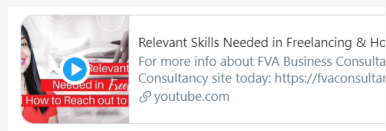
#FridayNight  
What are you doing tonight to celebrate your weekend?  
Share your answers in the comment section. :)



Scheduled

SAT  
08.08.20  
9:00 AM

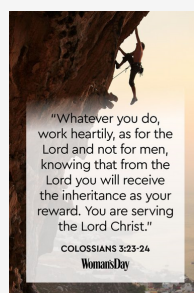
#Retweet  
Relevant Skills Needed in Freelancing & How to Reach out to Clients.  
For more info about FVA Business Consultancy, visit FVA Consultancy site today:  
<http://ow.ly/vJqb50AHSwE>  
<http://ow.ly/vPJs50AHSwF>  
#fvaconsultancy  
#filipinovirtualassistants



Scheduled

SUN  
08.09.20  
9:00 AM

#SundayVerse  
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Scheduled

## LINKEDIN

## Date &amp; Time

## Text &amp; Content

## Status

MON  
08.03.20  
10:00 AM

Starting the week right with a positive mindset and a prayer.  
Thank you @sprinkleofjesus for this prayer. ☺☺



Scheduled

TUE  
08.04.20  
2:00 PM

Here are a few things that an entrepreneur should know in working with virtual assistants. Helpful tips from ChrisDucker.com



Scheduled

WED  
08.05.20  
2:00 PM

It's Would You Rather Wednesday

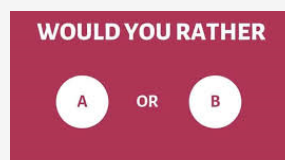
It's more than half of the year 2020, maybe you've resolved to learn something new. Maybe you've got a stretch project you're working on and there are some pieces to it that are new to you. Maybe you want to start a new hobby or maybe even a new career, but you have no idea where to start.

Would you rather:

A.) Learn from the expert

or

B.) Learn from someone a few steps ahead of you.



Scheduled

THU  
08.06.20  
2:00 PM

To all of the people in my network: I want to know more about what you do! Describe your job in the filling in the blanks in the comments below.



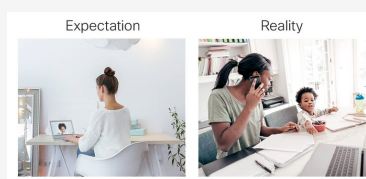
Scheduled

FRI  
08.07.20  
2:00 PM

#WFH expectation vs. reality.

How are you wrapping up Work From Home week?

Comment below with how do stay productive when working remotely.



Scheduled

SAT  
08.08.20  
2:00 PM

The subject of virtual assistants as key players in the future of the workforce has been discussed in many websites and forums. Today, virtual assistance is no longer just a breakthrough — it's an essential staffing solution. At the forefront of the digital workforce are Philippine-based virtual assistants (VAs). Here's what you need to know about hiring a virtual assistant in the Philippines by @20FOUR7VA.COM  
<https://20four7va.com/client-tips/virtual-assistant-philippines/>



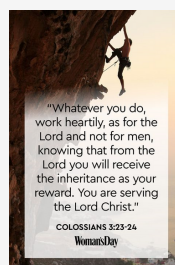
Scheduled

SUN  
08.09.20  
1:00 PM

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